



# Policy Update

## Fluid Milk and Supplemental Guidance

**May 27, 2026**

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TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 5/27/2026

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**Final Rule: CNP  
Expanded Fluid  
Milk Options**





# Refresher:

## NSLP Milk Flexibilities

SFAs may:

- **Offer whole and reduced-fat (2%) milk**, in addition to existing options
- **Provide nondairy milk substitutes** to all students without notifying TDA
- **Exclude saturated fat from fluid dairy milk** when calculating weekly saturated fat limit
- **Accept written justification from a parent** for a disability-related milk substitute

# Final Rule Updates

- **Expanded Milk Options:** Whole and reduced-fat milk may be served to children 2 and up in:
  - NSLP (including SSO, ASCP, Smart Snacks, and pre-school)
  - SBP (including pre-school)
  - CACFP
  - SMP
- **Saturated Fat:** NSLP and SBP operators may exclude saturated fat from fluid dairy milk.
- **Milk Substitutes:** NSLP and SBP operators may serve milk substitutes without notifying TDA.

	Approved Milk Options
<b>12-23 months</b>	Unflavored whole milk
<b>2-5 years</b>	Unflavored whole, reduced-fat, low-fat, or fat-free milk
<b>6-18 years (K-12)</b>	Unflavored <u>or flavored</u> whole, reduced-fat, low-fat, or fat-free milk
<b>Adults</b>	Unflavored <u>or flavored</u> whole, reduced-fat, low-fat, or fat-free milk

# A Few Notes...

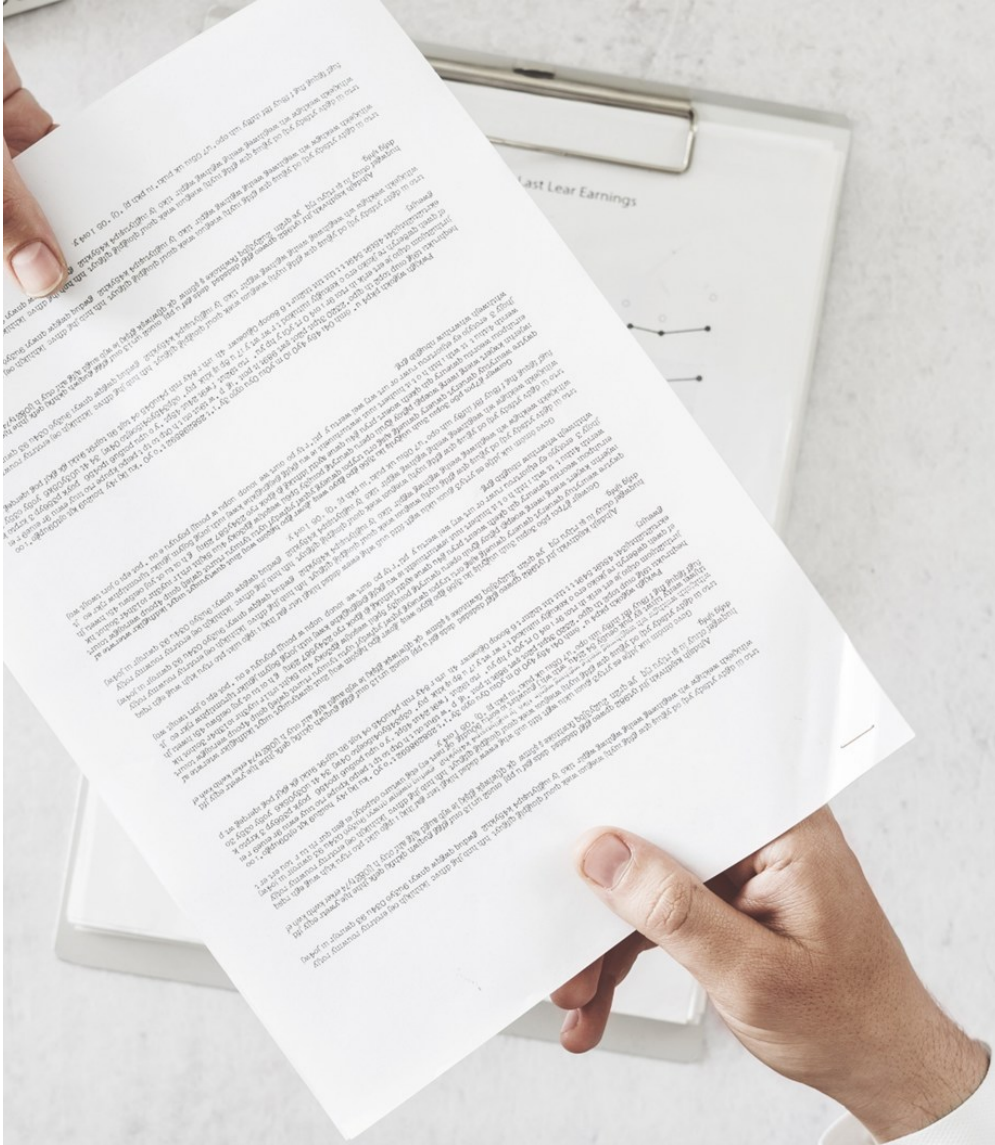


- **Further USDA guidance still pending**
- NSLP disability flexibilities **not** mentioned in the Final Rule:
  - Medical statement signed by parent
- SFSP **not** included in the Final Rule
- Final Rule is about flexibilities, not requirements
- ARM Update upcoming: **June 2026**

**02**

## **Supplemental Guidance**





# ARM Predictive Release & Supplemental Guidance

- **Predictive ARM Release Model**  
ARM will be updated annually.
- **Supplemental Guidance Document**  
Contains guidance communicated between ARM releases.

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